

AA&Associates of Kentucky

AA & Associates, Inc. is certified under Kentucky Regulations to provide services related to Outpatient treatment of Alcohol and Drug Abuse, including DUI charges.

Our mission is to reduce the likelihood of an individual repeating an Alcohol or Drug related offense, including multiple Driving under the Influence (DUI) charges.

Our Programs Include:

- DUI/DWI Classes
- Substance Evaluation
- Batterers Intervention/ Anger Management
- EAP-Employee Assistance Program
- Probation/Parole Program
- Prime for Life (20 hour Education)
- Marijuana (4 hour) Class
- IOP-Intensive Outpatient Program
- Drug Screening

Classes are offered in
Louisville & Carrollton.

**When there's life
There's HOPE**

Cicero

AA&Associates of Kentucky

MISSION

The Mission of A A & Associates is to provide the highest quality of service to every client and to effectively monitor the client treatment plan, goals, and aftercare program to reduce the client likelihood of future DUI or other alcohol or drug related offenses.



RECOVERY IS POSSIBLE.

1209 Highland Ave Ste. R
Carrollton, KY 41008
(502) 732-4070
Fax (502) 896-8607
www.AAandAssociatesKy.com

AA&Associates of Kentucky

**CHECK OUT OUR
WEB SITE**
WWW.AAANDASSOCIATESKY.COM
**FOR THE LATEST
INFORMATION &
CLASS DATES & TIMES**

AA & Associates of KY
Louisville - Carrollton
(502) 896-6900 or (502) 732-4070

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AA&Associates of Kentucky

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to provide the highest quality of service to every client and to effectively monitor client treatment plans, goals, and after-care programs to reduce the client's likelihood of future DUI's or other alcohol/drug related offenses.

20 Hour EDUCATION COURSE

Monday	3/09/20	5:30-8:30
Friday	3/13/20	5:30-8:30
Saturday	3/14/20	1:00-4:00
Friday	3/20/20	6:00-9:00
Saturday	3/21/20	1:00-4:00
Friday	3/27/20	6:00-9:00
Saturday	3/28/20	1:00-3:00

Next month PRI begins TBA

NEXT 4 Hour Marijuana Class

Louisville, KY	Carrollton, KY
TBA	Saturday
12:00 to 4pm	TBA
	Call for Date

New Client Paperwork

PDF

Click to Download

Se habla Español!
DUI Grupo -Louisville
Martes 7:00 PM

Now having online class contact office for info!!!
502-896-6900

Mon
Tue
Wed
Thur
Saturday
Sunday
Español
Martes

CARROLLTON GROUP TIMES

Mon	Thurs	Sat
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3038 Breckenridge Ln Suite 204
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DUI/DWI Prevention Classes

This program is designed to help offenders increase their knowledge about alcohol and drugs as these substances relate to driving skills, to identify their own individual drinking / drug use and driving patterns, and to assist them in developing plans which will reduce the probability of future DUI/DWI behavior. Specific course topics include alcohol / drug use, Kentucky laws relating to DUI, effects of alcohol/ drugs affect on a person, chemical dependency, symptoms of dependency and decision making. Group sessions, Individual counseling, PRI, Relapse Prevention are all used in this class.

Prime for Life

Prime For Life is designed to gently but powerfully challenge common beliefs and attitudes that directly contribute to high-risk alcohol and drug use. A primary goal of Prime For Life is prevention of any type of alcohol or drug problem. Prime For Life's intervention component focuses on self-assessment to help people understand and accept the need for change. Intensive prevention services, group counseling or treatment may be necessary to support these changes.

Employee Assistance Program (EAP)

Employee Assistance Programs are employee benefit programs offered by many employers. Employee Assistance Programs are intended to help employees deal with personal problems that might adversely impact their work performance, health and well being. Employee Assistance Programs generally include an assessment, short-term counseling and referral services for employees and their household members. Employees and their household members may use EAP's to help manage issues that could adversely impact their work and personal lives. Our EAP counselors provide assessment, support and if needed, referral to additional resources. Employers Studies indicate that offering EAP's may result in various benefits for employers, including lower medical costs, reduced turnover and absenteeism, and higher employee productivity and morale

Probation/Parole Program

A A & Associates Probation and Parole program is available for any individual who finds themselves on the wrong side of the law as a result of probation and parole violations due to alcohol /drug involvement. Our intense program addresses ingrained patterns of maladaptive coping skills, criminal values, and beliefs along with their prolonged history of substance abuse and crime. For individuals whose struggle with substance abuse brings them into contact with the legal system, the personal losses can be enormous. Loss of family, job, housing, etc. A A & Associates works with a person in all areas of their life. Strong empirical evidence over the past few decades consistently has shown that substance abuse treatment reduces crime. (also Criminal Thinking Errors)

Intensive Outpatient Program (IOP)

Intensive Outpatient substance abuse treatment is for people who cannot take advantage of an inpatient treatment program. Intensive Outpatient programs require patients to participate in programs that last for several hours a day. The members of the outpatient groups receive one-on-one counseling, group therapy and educational activities that include films, reading, speakers, and homework assignments. Many court-ordered substance abusers must attend these intensive programs as part of their sentence which can last from eight weeks to six months. IOP includes screening to discover the extent of the addiction and, if other mental health problems exist, regular evaluations of the patient's progress by trained substance abuse counselors, and orientation to community services.

Batterers Intervention/Anger Management

AA & Associates offers an intensive 28 week course to help the person gain knowledge about themselves and how anger can cause problems their life. Legal, alcohol/drug use, financial, employment, health, emotional maturity, interpersonal relationships are some main areas where anger can create problems. Participants work within a group setting as peers in the group are a valuable tool utilized in this course. The 2nd week is to be utilized for the individual to complete their own self work required in this course.

Many of us do not have a healthy relationship with our anger. This course does not focus on the problem or on current theories behind anger; but rather time is spent on

the solution and what the participant is going to do about it. The intensity of the course is created by the participants "getting real" with themselves. No more excuses.

This course supports change through self-examination, self-accountability and taking responsibility for their choices. Each participant will develop a tool box of healthy skills individualized for them to apply to their life. The key components addressed throughout the course are relationships, emotional maturity, communication, boundaries, perceptions/thinking patterns, stress, unrealistic expectations, power & control, self-pity and self esteem. Each individual is challenged to re-exam some of their beliefs, look at what changes they want to make, and the plan on how they will carry this out to have a healthier relationship with their anger to create positive outcomes in their relationship to others and themselves.

Substance Evaluation

AA&Associates of Ky offers Substance Abuse Evaluations and designs an individual program to address the individuals needs. Substance abuse is a pattern of using a substance (drug) that causes significant problems or distress. This may be missing work or school, using the substance in dangerous situations, such as driving a car. It may lead to substance-related legal problems, or continued substance use that interferes with friendships, family relationships, or both. Substance abuse refers to the abuse of illegal substances, such as marijuana, heroin, cocaine, or methamphetamine. Or it may be the abuse of legal substances, such as alcohol, nicotine, or prescription medicines.

Marijuana Prevention Classes

The design of this program "Just Marijuana" is to provide accurate information about marijuana to the group participants and to provide them an opportunity to evaluate their relationship to marijuana. Marijuana is viewed as the number one illegal drug in the nation.